Division of Adult Psychiatry and Health Systems

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The Adult Psychiatry and Health Systems (APHS) Division is one of the largest Divisions in the Department of Psychiatry, home to over 200 faculty members. Division members provide core and elective training for residents across a range of core and community-affiliated sites. APHS is committed to delivering clinical excellence and innovation to improve the delivery of mental health and addiction services. It strives to foster many roles of academic general psychiatrists, mental health clinicians and health services researchers to improve patient experience and the quality and cost effectiveness of the mental health system.

Within the Division, advanced clinical work and research is performed in suicidology, emergency psychiatry, trauma, cross-cultural health, inner city health, dual disorders, integrated therapy, inpatient psychiatry and more. In addition, members are actively involved in informing health policy and systems development, including providing consultation to policy makers across a range of areas relevant to the mental health system, including access, the development of health care models, and rapidly evolving areas such as assisted dying.

This past year APHS welcomed numerous new colleagues (both new staff and those joining APHS from other Divisions due to restructuring), moved ahead with its QI initiative, and adjudicated the annual Mary Seeman Award for Clinical Excellence (congratulations to the award recipient Dr. Peggy Richter!). We were also pleased to see suicide prevention, one of the priorities previously identified by the Division, move ahead under the leadership of Dr. Mark Sinyor and Dr. Juveria Zaheer and ASPIRE Toronto (the Alliance of Suicide Prevention and Intervention Researchers and Educators at U of T) as they established a new series of suicide research rounds.