



# Program Reports 2020-21

## Child and Adolescent Psychiatry Subspecialty Residency Program Report

*Submitted by Dr. Daniel Gorman, Director, CAP Subspecialty Program*

The Child and Adolescent Psychiatry (CAP) subspecialty program typically spans 2 years, PGY5 and PGY6, following Psychiatry training; however, PGY5 is an “overlap” year where residents simultaneously complete the last year of Psychiatry training and first year of CAP training. The CAP program usually accepts 4 residents annually, and 5 residents graduated from the program in the spring of 2021. Residents may complete rotations at 13 sites within the Division of Child and Youth Mental Health, including academic hospitals, community hospitals, and children’s mental health centres. A major initiative for the CAP program over the past year has been preparing for the launch of Competence by Design (CBD) in July 2021. This has involved substantial changes to multiple aspects of the program, including developing a new rotation structure and a new seminar curriculum model that are aligned with the CBD stages. Making these changes has also provided an opportunity to make other improvements, such as more robust training in evidence-based medicine and critical appraisal; physician/resident wellness; and Equity, Diversity, and Inclusion (EDI). Outside of the preparations for the launch of CBD, the CAP program’s main accomplishment over the past year was the successful accreditation review by the Royal College.

