Scarborough Health Network (SHN)

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Scarborough Health Network (SHN) formally joined the Department of Psychiatry at the University of Toronto as a community-affiliated hospital network in September 2020. SHN has one of the largest community-hospital based mental health and addiction programs in the Province spread across three Hospitals and four satellite clinics. Our thirty-nine physicians are excited to play a larger role in the academic enterprise, with an additional five of our physicians obtaining appointments with the Department of Psychiatry at the University of Toronto over the past year.

Key achievements over the past year have included: the implementation of central intake and service standards across our health network, a pilot launch of measurement-based care for major depressive disorder in our ambulatory services, a new transitional age youth service with embedded system navigators, and the development and rollout of new collaborative models of care for concurrent disorders, nephrology, cardiac care, oncology, geriatric care and primary care. Our department has also played a leadership role in implementing a strategy and stepped-care model to support the wellness of SHN staff as the Scarborough community was disproportionately affected by the COVID-19 pandemic.