



Hospital Partner Reports 2020-21

Sinai Health

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In the 2020/2021 academic year, the Department of Psychiatry at Sinai Health made progress on both COVID and non-COVID initiatives in the pandemic context.

The Department launched several high impact healthcare worker resilience service and scholarship initiatives, including Resilience Coaching (AMO AFP Grant), Pause4Providers Mindfulness for HCWs (AMO AFP Grant) and a CIHR-funded Study led by Dr. Maunder et. al, Are YOU Okay?. All initiatives combine both support and research focused on employee wellbeing under pandemic stress.

The Sinai Health Psychiatry Department also launched a new collaborative care pilot with WAHA, Weeneebayko Area Health Authority, with the goal of co-constructing a sustainable mental health service relationship to support this community.

Our Ethnocultural ACTT team serving marginalized clients, largely from the Asian community, moved into their new, home at 407 Huron Street, in the Kwong Centre for Health and Wellness, realizing a long-planned goal to help situate this important program in a purpose-built, supportive environment to enable integration into the community and stimulating programming.

Dr. Paula Ravitz also completed a successful final term as the Morgan Firestone Chair in Psychotherapy, with notable impact in capacity-building through her Psychotherapy Essentials-to-Go book series, Ethiopian Outreach and IPT leadership.

