University of Toronto Health & Wellness

Submitted by Dr. Andrea Levinson, Psychiatrist-in-Chief

1. Mental health redesign

U of T is embarking on a Mental Health Services Redesign Process to streamline and simplify the pathways through which students access care [Academic Lead: Joseph Desloges; Clinical Lead: Andrea Levinson; Administrative Lead: Catherine Gagne; Change Lead: Alexia Jaouich and Stepped Care Solutions (Stepped Care 2.0)].

   i. An open access system with One-At-A-Time therapy at the centre is being established, to streamline and simplify pathways to care.
   
   ii. Work is underway to further students with higher level and complex needs to utilize existing services and connect with community resources.
   
   iii. A system of Identifying and implementing a measurement-based system that aligns with Stepped Care 2.0. will be implemented.

2. Review of the Role of Campus Safety Service in Student Mental Health Crises

The University is undertaking a review of mental health and wellness as it relates to Special Constables and their response to individuals experiencing mental health crises.