



Hospital Partner Reports 2020-21

University of Toronto Health & Wellness

Submitted by Dr. Andrea Levinson, Psychiatrist-in-Chief

1. Mental health redesign

U of T is embarking on a Mental Health Services Redesign Process to streamline and simplify the pathways through which students access care [Academic Lead: Joseph Desloges; Clinical Lead: Andrea Levinson; Administrative Lead: Catherine Gagne; Change Lead: Alexia Jaouich and Stepped Care Solutions (Stepped Care 2.0)].

- i. An open access system with One-At-A-Time therapy at the centre is being established, to streamline and simplify pathways to care
- ii. Work is underway to further students with higher level and complex needs to utilize existing services and connect with community resources.
- iii. A system of Identifying and implementing a measurement-based system that aligns with Stepped Care 2.0. will be implemented.

2. Review of the Role of Campus Safety Service in Student Mental Health Crises

The University is undertaking a review of mental health and wellness as it relates to Special Constables and their response to individuals experiencing mental health crises.

