



# Hospital Partner Reports 2020-21

## Women's College Hospital (WCH)

*Submitted by Dr. Simone Vigod, Psychiatrist-in-Chief*

Over 2020-2021, the Department of Psychiatry at Women's College Hospital led initiatives advancing clinical care, education and research in women's mental health and virtual care, and contributed to system-wide COVID-19 pandemic efforts. Internally, our educators creatively leveraged technology to provide rich virtual learning experiences across undergraduate, postgraduate and fellowship medical education. Learners and supervisors adapted and thrived in providing virtual care, including virtual individual psychotherapy and group therapy, supervision and teaching. We implemented a department-wide strategy to improve equity, diversity and inclusiveness in our department and clinical programs. Our researchers identified rising perinatal mental illness [across Ontario](#) and launched the [Reproductive Mental Health of Ontario Virtual Intervention Network \(MOVIN\)](#) to provide virtual collaborative mental health care to pregnant and postpartum individuals across the Province. Responsive to similar need, our education scholarship team created and evaluated an online [Foundational Trauma Group](#) curriculum to increase trauma therapy capacity among community providers across Ontario. Among multiple system-wide COVID-19 contributions, we were integral WCH's [COVIDCare@home](#) program, offering psychiatric expertise for comprehensive patient care of outpatients with COVID-19, and our department members led Ontario's participation as a clinical trial site for the International [Stop COVID 2](#) trial, evaluating fluvoxamine as a potential outpatient COVID-19 treatment.

