



Hospital Partner Reports 2020-21

Waypoint Centre for Mental Health Care and the Waypoint Research Institute

Submitted by Dr. Nadiya Sunderji, Psychiatrist-in-Chief

Waypoint Centre for Mental Health Care and the Waypoint Research Institute highlight the following 2021 accomplishments:

- In collaboration with University of Toronto Temerty Faculty of Medicine, Waypoint named Dr. Nathan Kolla as Research Chair in Forensic Mental Health Science. In this new role, Dr. Kolla, an Associate Professor of Psychiatry at U of T, will advance forensic mental health research with a goal to improve patient outcomes.
- Under the leadership of Medical Director Dr. Rob Meeder, the Family, Child and Youth Mental Health Program is expanding to improve access to specialized mental health care, as part of Waypoint's contributions to the Central Ontario Health Team for Specialized Populations. Under the leadership of Dr. Kevin Young, during the pandemic our Specialized Geriatric Services have introduced innovations in digital health in long term care and developed new knowledge on confinement syndrome.
- Dr. Nadiya Sunderji, Vice President Medical Affairs, Chief of Staff and Associate Professor of Psychiatry at U of T launched a RCPSC funded research study to develop CPD and QI interventions addressing the inequitable use and experience of restraint and seclusion in BIPOC patients.
- To support the provincial hospital system during the COVID-19 pandemic, Waypoint opened additional acute inpatient beds to expand access beyond our North Simcoe Muskoka region to the GTA.

Waypoint's full Annual Report 2020 is available at www.waypointcentre.ca/about_us/annual_report

